

## Final session-

### Results from the sessions



**We identified a number of relevant topics**

- **Cardiovascular : Coronary artery disease, Coronary Surgery, Hypertension , Heart failure, Atrial fibrillation, Normal values!**
- **Diabetes**
- **Nephrology,**
- **Organ transplantation, kidney and heart TX**
- **Gastrointestinal disease, hepatology, pulmonology**
- **Autoimmune diseases,**
- **Osteoporosis**
- **Mental health, Alcohol Use Disorder (AUD)**
- **Pregnancy associated disorders**



## Session 1.3.

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- **Sex difference, Relevant for translation:**
  - **Lipid levels**
  - **Contractility**
  - **Myocardial hypertrophy and failure**
  - **Genome analysis**
  - **Cell death and regeneration**
  - **Sex differences in vascular function**
  - **Smoking toxicity: Inflammation**
  - **Sex hormones**
  - **Developmental origin of health and disease**
  - **Stem cell function depends on sex –**
- **Drug development**



## Strategies for workshops 1.1 and 1.3

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- Assemble existing knowledge and describe knowledge gaps
- Develop strategies to cover unmet needs
- Try to apply existing knowledge – by networking, applications for grants in horizon 2020
- Invite researchers, representatives of all target audiences
- Generate medical articles, review articles, position papers
- contact journal editors in a structured manner
- Connect to IGM and OSSD and international partners



## Strategies for workshops 1.1 and 1.3

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- **Practical questions – let's communicate by mail, via Eugenmed website!**
  - **suggestions for WS locations – Brussels, Berlin or Tel Aviv with IGM?**
  - **How many days?**
  - **Which month? October 2014-March 2015**
  - **Who would contribute to a writing group?**
  - **Can we put presentations on our website?**
  - **Suggestions for co-chairs (already received a number)**



## Session 1.2 Public health and prevention

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- **Multiple approaches**
  - **Interventions, policy and awareness-raising initiatives, tools and methodologies**
- **Use of public databases**
- **Inclusion of public health organizations**
  - **Insurance companies?**
  - **Ministries of health**
  - **Patient organizations**
  - **European, national and local health professionals**
  - **Screening programmes centres**
  - **Funding agencies and research foundations**



## Summary 1.4 – Medicines Regulation and Medical Education

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- **EMA:** everything perfect for the future? (question: Phase I, II – studies?)
- **Ethical committees:** gender aspects need to be known in all ethics committees, top down distribution of informations and gender issues, (since: never met gender issues in ethical practice)
- **Pregnancy:** should be connected to the pharmacology topic
- **Teaching:**
  - A lot of best practice examples!
  - May need a separate workshop: European universities should connect closer, develop common projects in gender medicine
  - Concepts needed for training of medical students, other students, professionals, doctors, other medical groups.



## Session 2: Summary on target audiences

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**Strategies have to be included in all workshops!**

- **Connect to existing structures: International Society of Gender Medicine!**
- **Are audiences for different topics different or overlapping?**
  - Clinical medicine and pharmacology
  - Basic research
  - Public health and prevention
  - Medicines regulation
  - Medical education
- **Hierarchy of audiences? Where is the general public?**
  - Need for both top-down and bottom-up approaches; key role for patients; grassroot initiatives and the press as major actors for raising awareness on and for gender medicine
- **How to deal with novel „sex free structures“ (Kuhlmann)**
- **Tools for different audiences – cultural differences among audiences**
- **Gender medicine – as a specific discipline?**





## Session 3: Communication strategies

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**Strategies have to be included in all workshops!**

- **Clear key messages**
- **Learning from other programmes and societies**
- **Information on ongoing EU programmes and activities**
  
- **Benefit for users.....!**

